

PLEASE POST

Specialists of Schools

and

the Philadelphia Society of Clinical Psychologists are pleased to offer:

RECOGNIZING AND RESPONDING TO DEPRESSION IN CHILDREN AND ADOLESCENTS

What do an oppositional, angry, ten-year-old boy, a sexually promiscuous sixteen-year-old girl, and a whiney seven-year-old perfectionist have in common? They may all be depressed.

How do we understand sadness and loss in childhood and adolescence? Symptoms of dysphoric mood and depression follow a developmental course and are influenced by changes in cognition, interpersonal skills, affect regulation, and physiology. In consequence, diagnosis, intervention and prevention can be a confusing process as children may manifest many behaviors we don't usually think about in connection with individuals who are depressed. This presentation will consider how we can best recognize and respond to these youngsters by examining the evolution of depressive symptoms, the influence of environmental and family factors on the development of pathological depression, and current research on depression prevention programs for schools.

Date: March 19, 2010
Place: The Baldwin School
701 Montgomery Avenue
Bryn Mawr, PA 19010
Time: 12:30-2:30 pm
Snow #: Montgomery County #348

Please remember to bring your lunch. Beverages and dessert will be provided.

LEARNING OBJECTIVES

Upon completion of this training, participants will be able to:

1. Increase their ability to recognize developmental parameters in symptom presentation in child and adolescent depression.
2. Extend their understanding of environmental and family influences on the development of pathological depression.
3. Increase their awareness of evidence based depression prevention programs for schools.

OUR PRESENTER

Dr. Kaye-Huntington, is in private practice in Center City and Chestnut Hill where she specializes in the treatment of childhood depression, anxiety, and health related psychological issues in children and adults. She has particular interest in the utilization of the visual arts and hypnosis in the context of psychotherapy. She has worked as a clinician for over twenty years in a variety of settings with a broad spectrum of children (including very young children) and their families, and with adults. Dr. Kaye-Huntington has served as a consultant to the School District of Philadelphia's Student Assistance Program diagnosing, treating, and referring depressed and suicidal children and adolescents. She also developed and implemented an arts based behavioral health program in conjunction with the Office of Mental Health and the School District of Philadelphia. Her recent contribution "Art therapy in the context of creative expressive therapies" in B. Beitman & D. A. Monti (Eds.), *Integrative Psychiatry*, Oxford University Press, has just been published. She serves as Adjunct Associate Professor at the University of the Arts and at Drexel University.

CE CREDITS

This session is co-sponsored by Specialists of Schools (SOS) and the Philadelphia Society of Clinical Psychologists (PSCP). The Philadelphia Society of Clinical Psychologists is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. The Philadelphia Society of Clinical Psychologists maintains responsibility for the program and its content. This program provides 2 hours of CE credits for licensed Psychologists, Social Workers (MSW) and Marriage and Family Therapists (MFT).

FEES

The charge for CE credits is \$20 for 2 credits. Act 48 credits are available for \$20 for 2 credits; participants must provide their Act 48 number. Payment by check or money order only (NO CASH) for this amount made out to **Specialists of Schools (SOS)**. **For CE's and Act 48 credits, you must sign in on the workshop attendance sheet and fill out an evaluation form.**

RSVP to Annie Goldenberg, MSS, RPT at annie@integrativefamilytherapy.com so we can plan for the attendance.